

Chicken Spanakopita

Succulent chicken, spinach, feta, and fresh herbs wrapped in layers of phyllo pastry - a comforting Mediterranean-style classic full of savoury flavour.

Ingredients

Chicken, spinach, onions, fresh cream, feta cheese, parmesan cheese, sunflower oil, butter, phyllo pastry (wheat flour), garlic, mint, thyme, seasoning

Allergens

Contains: Milk, Wheat (Gluten).

Made in a kitchen that uses nuts.

Heating Instructions

All meals must be fully defrosted before heating. Remove plastic lid before heating.

Oven

- Preheat oven to 180°C.
- Place the foil container on a baking tray and heat for 25–30 minutes.

Air Fryer

- Preheat to 160°C.
- Place the foil container in the air fryer basket and heat for 18–22 minutes.

Microwave

- Heat on medium–high power for 5–7 minutes, stirring halfway if possible.
- Allow to stand for 1 minute before serving.

Important

Cooking times may vary depending on the appliance, and so may require slight adjustment. Always ensure food is piping hot throughout before serving.