

Fish Pie

Flaky fish and tender vegetables in a creamy herb sauce, topped with fluffy mashed potato - a comforting family-style favourite with delicate, savoury flavour.

Ingredients

Hake, haddock, full cream milk, peas, wheat flour, butter, sunflower oil, parmesan cheese, garlic, fennel, lemon, seasoning.

Allergens

Contains: Fish, Milk, Wheat (Gluten).

Made in a kitchen that uses nuts.

Heating Instructions

All meals must be fully defrosted before heating. Remove plastic lid before heating.

Oven

- Preheat oven to 180°C.
- Place the foil container on a baking tray and heat for 25–30 minutes.

Air Fryer

- Preheat to 160°C.
- Place the foil container in the air fryer basket and heat for 18–22 minutes.

Microwave

- Heat on medium–high power for 5–7 minutes, stirring halfway if possible.
- Allow to stand for 1 minute before serving.

Important

Cooking times may vary depending on the appliance, and so may require slight adjustment. Always ensure food is piping hot throughout before serving.