



Mushroom & Lentil Stroganoff (V)

Earthy mushrooms and lentils in a rich, creamy paprika sauce - a comforting vegetarian classic full of hearty, savoury flavour.

Ingredients

Button mushrooms, lentils, onions, yoghurt, red pepper, vegetable stock, fresh cream, garlic, white wine, fresh herbs, sunflower oil, smoked paprika, parmesan cheese, seasoning

Allergens

Contains: Milk.

Made in a kitchen that uses nuts.

Heating Instructions

All meals must be fully defrosted before heating. Remove plastic lid before heating.

Stove Top

- Decant contents into a suitable pot
- Bring to a gentle simmer, stirring occasionally to distribute the heat evenly

Oven

- Preheat oven to 180°C.
- Place the foil container on a baking tray and heat for 25–30 minutes.

Air Fryer

- Preheat to 160°C.
- Place the foil container in the air fryer basket and heat for 18–22 minutes.

Microwave

- Heat on medium–high power for 5–7 minutes, stirring halfway if possible.
- Allow to stand for 1 minute before serving.

Important

Cooking times may vary depending on the appliance, and so may require slight adjustment. Always ensure food is piping hot throughout before serving.

